

Growing Healthy Families

MIDDLEBURY DISTRICT OFFICE • Vermont Department of Health, WIC Program
156 South Village Green, Middlebury, VT 05753 • 1-802-388-4644 or 1-888-253-8804



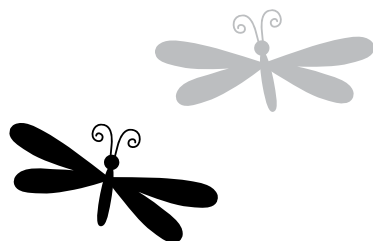
Vermont Farm to Family Program

The Farm to Family Program gives WIC participants coupons for free, locally grown, fresh vegetables and fruits from farmers' markets.

WIC participants over the age of 6 months are eligible for Farm to Family coupons which are available on a first come, first serve basis.

When you attend a Farm to Family activity you will be given one free coupon book. After all local Farm to Family activities have ended you may call your district office to see if additional coupon books are available.

See you this summer!



Come to a Farm to Family Activity and get your coupons!

Join us for a fun family activity, recipes and more!

Drop in anytime during the times listed.

DATE	TIME	PLACE
Saturday, June 29	9:30 a.m.–12:30 p.m.	Middlebury Farmers' Market Marbleworks by the falls
Saturday, July 13	10:00 a.m.–1:00 p.m.	Bristol Farmers' Market Bristol Park on the Green
Wednesday, July 17	9:30 a.m.–12:30 p.m.	Middlebury Farmers' Market Marbleworks by the falls
Thursday, July 25	3:00–6:30 p.m.	Vergennes Farmers' Market City Green
Wednesday, August 14	9:30 a.m.–12:30 p.m.	Middlebury Farmers' Market Marbleworks by the falls
Friday, August 23	Call ahead for coupon availability	Middlebury WIC office conference room 156 South Village Green

Please note:

- Coupons are distributed on a first come, first serve basis.
- Supplies are limited, call ahead for coupon availability.
- For directions to any of the above locations, please call the WIC office.

Log onto www.WICHealth.org and complete a fun activity involving fruits and vegetables.

